



The Kelly Foundation

Trustees Annual Report and Financial Statement for the year ending 31st of March 2024

Registered charity number 1200389

Pinetrees Centre
The Circle
Swindon
SN21QR

The Kelly Foundation

Financial statements and report for year ended 30th of March 2024

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The Kelly Foundation

Trustees Report

Charity Objectives and Activities

The Kelly Foundation constitution sets out the organisational purposes which are for the public benefit and are compatible with the Charities Act 2006. Shaping objectives for the year the Trustees have considered the Charity Commission's guidance on public benefit including the guidance 'public benefit running a charity, PB2'. The Trustees confirm they have complied with the requirements of section 17 of the Charities Act 2011 paying due regard to the public benefit guidance published by the Charity Commission for England and Wales

The specific aims are:

- To promote the advancement of good mental health by providing support services, facilities, recreation and in such ways as the Trustees see fit
- To relieve the needs of people experiencing poor mental health by gathering and disseminating information and working to raise awareness, promote understanding and support and to challenge stigma and discrimination
- To promote healthy mental wellbeing by sign-posting to other organisations and working collaboratively with like-minded bodies and carrying out our own service delivery
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are social excluded and assisting them to integrate into society.

For the purpose of this clause, "socially excluded," means, being excluded from society, or parts of society, as a result of ill health (physical or mental).

Activities

The charity provides a community mental health and well-being service for the Swindon Urban area.

The charity provides a self-referral support for clients and also accept referrals from community health nurses and other health professionals

The charity offers face-to-face counselling and support over the normal working day, five days each week.

The charity also offers what it describes as 'a holistic service' and to this is unique in the Swindon landscape. The charity does not only support individuals with poor mental health, depression and anxiety via emotional support in one-to-ones. It goes further in seeking to uncover the causes of the stresses which contribute to the client's poor health, then together, try to make things better. The charity becomes actively involved in seeking to support clients unravel causes. Illness can arise from severe, prolonged debt and financial pressures, marital or relationship breakdown, loss of job or status in other ways, alcohol or substance abuse, a traumatic event and quite often, previous life experiences. KF involvement can mean, hiring in specific skills and techniques not in the charity, helping find the right benefits, joint visits to Universal Credit, joint GP visits, advocating to housing and to other statutory bodies, liaising with drug and alcohol specialists, help via supported employment back into mainstream work, even sometimes speaking up for clients in court settings. Whatever it takes, the charity does its best.

The Accounting Period and Highlights, Year 2024

These accounts cover the twelve months of activities from 1st April 2023 to 31 March 2024

The charity has made satisfactory progress over this period, meeting most of the objectives that were set.

- 1) We created Kell's Kitchen ... A café and resource designed to be a safe space for individuals recovering from poor mental health enabling them to regain their self confidence and self-esteem. We have roughly 40 Covers and the food is attractively priced to cater for the disadvantaged community in which we located. We operate kids eat free and kids eat for a £ and in the winter anybody turning up without enough money for a hot meal is provided with one free of charge. The café is not just staffed with clients in recovery. We also have in our volunteer team, individuals with learning difficulties and those who are neuro diverse. It already has an excellent local reputation as a well- loved addition to the facilities at the Pinetree Centre
- 2) We have expanded the support we offer for those in distress by identifying additional counsellors and therapists who are prepared to work first at heavily discounted rates and in one case, a volunteer. As a result we can point to many successful outcomes and others making huge progress.
- 3) We have become embedded in the Swindon mental health landscape with membership of bodies such as Swindon Care Forum, Swindon Well-being Steering Group
Voluntary Action Swindon and we are beginning to work with the statutory services in GP surgeries, in AWP, and with 'Talking therapies'

- 4) We have been successful in attracting personal donations with the accounts identifying £50,000 on this line. This is derived from various sponsored activities from supporters, individuals making regular donations and donations from the trustees. Of special note was the sad passing of Gemma Brown who knew us well but was not quite our client. Before she could be seen, she sadly ended her life, one of the last things she did was transfer the money from her bank account to us. She was very popular and her passing had a profound effect on her colleagues at work, on her family and those others who knew her. As a result of that, with collections and sponsorship in her name and her own donation, I would assess that close to up to £8000 was received by the charity. Gemma suffered from eating disorders and in her memory we have started a regular group meeting to discuss the difficulties that self-harm and eating disorders can vent on both the individuals and especially their families. We continue to support individuals close to Gemma.
- 5) We are pleased to receive income from Wiltshire Community Fund of £5000 from the National Lottery Small Community Awards Scheme of £10,000
- 6) We finalised the plan for increasing the office space that we have and this will soon be put into place giving us three independent consulting rooms
- 7) We have been active with Swindon drug and alcohol services on behalf of clients and also with the Borough Council housing department, where we can point to a number of successful outcomes. One particularly memorable achievement, was the successful housing of a 21 year old client who had been the subject of domestic abuse and had been living in hotel accommodation for 11 months! She was awarded one of the few new builds that Swindon Borough Council managed to create from a very limited social housing budget
- 8) We funded the training of a mental health trainer in the sum of £3000 who is in the process of organising and seeking to populate mental health first aid training courses under the auspices of Mental Health England
- 9) The David Foundation provided a grant to support ongoing revenue costs of the charity.
- 10) The events that were staged during the year raised income of nearly £24000 with expenses circa £9000 and the charity plans the upcoming 12 months to contain a new programme of events which would raise at least this sum, hopefully more.

The Objectives for 2024 to 2025

_Develop the concept of Pinetrees becoming a mental health Hub for North Swindon, in collaboration with the urban parish councils, Swindon Borough Council and statutory mental health services.

_Increase the reach and role of the café in the community ideally generating a small surplus whilst, at the same time, keeping meal and drink prices entirely affordable for the local community.

_Continue to build on the events fundraising program including four concerts and two restaurant takeovers

_Introduce a student counselling program in collaboration with Swindon Further Education College

_Assimilate 'You are not alone@ a public interest company and especially develop and encourage the 'Walk and Talk programme to become a regular weekly or biweekly event.

_Expand relationships and collaboration with like-minded local community charities.

_Deliver a new office footprint permitting consulting rooms to be separate entities with the possibility of hiring to 3rd parties.

_Continue with the mental health first aid training programme and developed a modest income from promoting and selling courses to commerce industry and other charities.

Structure Governance and Management

The charity was established in the summer of 2022 and registered with the Charity Commission on 15th September 2022, charity number 1200389. The governing document is the constitution.

Public Benefit

The Trustees ensure that the charitable activities have due regard to public benefit guidance published by the Charity Commission

Risk Management

The Trustees assess the risks to which the charity is exposed and are satisfied that systems are in position to mitigate those risks to both the charity itself to its employees and the service users.

Key Management Personnel Remuneration Control

The Board of Trustees and the Chief Operating Officer comprise the key management personnel in charge of directing and controlling and operating the charity on a day-to-day basis. The Board of Trustees give their time freely and no Trustee remuneration was paid during the year.

Trustees are required to disclose all relevant interests and register them in accordance with the charities policy and to withdraw from decisions in the event a conflict of interest arises.

Quality Management

The charity has a quality management policy, which governs all of its activities and relies on continuous improvement as a vehicle for further and future development.

Managing Organisational Risk

The key management organisational risk is that of failing to generate enough funding to continue the charities activities. Looking forward, the budget expects to generate £16,000 a year from event income and several thousand pounds from donors but this is not enough to cover the predicted annual spend. Urgent action therefore is in place to seek funding either from BANES-ICA, from the Swindon Borough Council, from the National Lottery or other significant funders, who will value the largely the volunteer effort that the charities team provides. It's especially tough in Swindon because the demand for support is exponential and the local Swindon and Gloucestershire MIND seem to receive most of the statutory funding that exists, despite the acknowledged strategy that community mental health services should be as near to the general populace as possible, which in turn requires a modest degree of core funding to make smaller 'value for money' charities such as The Kelly Foundation, sustainable.

The Administrative Structure

The company charity has a Chief Operating Officer, Emma Rees.

The charity has a board of five Trustees who are appointed for three years but can seek reappointment after this time.

The charity has no Financial Manager but the financial affairs are managed by Trustee Martyn Woerner ably assisted by volunteer Andrea Tascini.

The day-to-day management of the charity is delegated to the Chief Operating Officer, Emma Rees

During the year the board was made up as follows

Chairman John Stooke

Trustees Martyn Woerner

Claire Bentley

Rob Abbott

Vicky Bellinger

Adam Commons, resigned from the board during the year as he moved to South Wales.

New Trustees undertake an induction process and can be nominated/invited by any existing Trustee with the appointment based on face-to-face interview with the Board.

Statement of Truth

The Trustees have considered the financial statements attached and believe they give a true and fair view of the state of affairs of the charity, of its income, of the application of that income, and its expenditure for the financial year in question

Financial Review

The total income for the year was £117639 and the total outgoings were £92191 leaving a cash balance at the year-end of £25448. This position meets the Charity Commission reserves policy insofar as it covers three months of running costs. Depreciation is based on 33% straight line.

No Trustees nor any person connected with them have received any remuneration from the charity during the year

No employee of the charity received emoluments of more than £60,000 during the year none of the Trustees received any emoluments

The Chief Operating Officer and the Financial Managing Trustee and the Chair of Trustees were considered the key management personnel during the year. The total employee benefits of management personnel was £36916

Charity Bankers

The charity banks with Metro Bank, Regent Street, Swindon SN1 1JQ

The principal office of the charity is at the Pinetree Centre, The Circle, Swindon SN2 1QR.

The charity does not have appointed solicitors but would seek legal advice on an 'as required' basis.

The independent examiner is Emma Goodwin.

Disclosure of Information to the Independent Examiner

The Trustees confirm that all relevant information has been disclosed to the charities auditor and there is no relevant information that they know of and of which they know the auditor is not aware.

This annual report was approved by the Trustees on 7th August 2024 and signed on its behalf by John Stooke Chair of Trustees.

John Astor